



MeadowWood  
Behavioral Health Hospital

Premier Mental Health and Co-Occurring Addiction Treatment Center  
for Adolescents, Adults, and Seniors in New Castle & Wilmington, DE

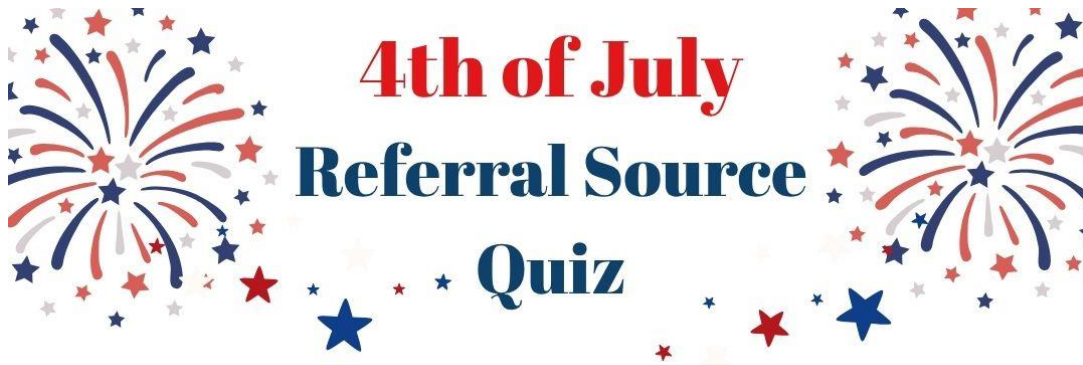
# Quick Facts

- ~130 rooms, 8 units (undergoing renovations unit to unit)
- MW is a top provider in area for behavioral health and addiction
  - Work closely with our partners, ERs, Crisis Teams, etc.
- Proximity to Key Locations:
  - MD Eastern Shore:
    - PRMC (~110min), UM Shore Easton (~75min), UM Shore Chestertown (~45min), Salisbury (~2hr)
- We accept most major insurances including MD Medicaid
- No MD involuntary
- 24-hour facility – admissions
- Visitations limited
  - ONE designated family member for communication/updates
  - Code word is provided
  - Visitation one time a week, schedule provided upon admission

# What We Treat

- ADHD
- Addiction
  - Alcohol, Benzo, Heroin, Meth, Oxycodone, Painkillers, Percocet, Prescription Medications
- Adjustment Disorder
- Aggression
- Alzheimer's Disease complications
- Anxiety
- Bipolar
- Conduct Disorder
- Dementia
- Depression
- Oppositional Defiance Disorder
- Psychosis
- PTSD
- Schizophrenia
- Self Harm
- Suicidal Ideation





# 4th of July Referral Source Quiz

1. True or False: Mental Health crisis admissions drop over the 4th of July holiday?
2. What does “SPF” stand for in our summer screening campaign?
  - a) Sunscreen, Peace, Freedom
  - b) Screen, Prevent, Fast-track
  - c) Support, Plan, Follow-up
3. If a patient shows signs of a crisis and it's a holiday weekend, what is the best action?
  - a) Schedule outpatient therapy
  - b) Refer for evaluation ASAP
  - c) Wait until July 5<sup>th</sup>
  - d) Tell them to call 911
4. Which of the following can delay inpatient placement during a holiday?
  - a) Lack of direct admit options
  - b) Unclear referral protocols
  - c) Outpatient providers being closed
  - d) All of the above
5. **BONUS:** What is the direct line to make a referral?  
Answer:



# Admissions Criteria

*All admissions at MeadowWood Behavioral Health Hospital are done on a case-by-case basis because we recognize that no two situations are ever identical. That being said, there are some general criteria that we have in place in order to ensure that individuals are appropriate for care in our inpatient setting.*

*To be treated at MeadowWood Behavioral Health Hospital, prospective patients typically must meet one or more of the following criteria:*

- Requires detoxification services due to being in active withdrawal following a period of sustained substance use (we are equipped to treat alcohol, benzodiazepine, and opioid withdrawal)
- Presents with suicidal ideation with intent/plan
- Has made a suicide attempt
- Presents as being a danger to others, including those who have intent or a plan to harm others
- Has made an attempt at inflicting serious physical harm on a person or persons
- Suffering from active psychosis that results in being a danger to oneself or others
- Experiencing severe mania
- Suffering from severe impulsivity or an inability to function that has potentially contributed to being a danger to oneself and/or others

# Mental Health and Aging

- Depression is not a normal part of aging
- Life Changes affect mental health
- Older Adults often misdiagnosis and undertreated
- Older Adults may be at higher risk due to comorbidities
  - Depression being more common
  - Depression in older adults is 1-5%
  - Easily treatable with therapy and medication management

Prevention – stay active, engaged and let someone know how you are feeling

# Senior Psychiatric Inpatient Treatment Program

MeadowWood Behavioral Health's inpatient program for seniors is for individuals experiencing a crisis from mental health issues and co-occurring substance abuse. We offer a safe and secure environment to help seniors regain control of their lives.

This program addresses a wide range of diagnoses, including, but not limited to, depression, psychosis, dementia, behavior problems, and complications related to Alzheimer's disease. The unit provides intensive care for older adults who require the highest level of psychiatric care that is designed to work with patients who are having emotional or situational crises.

# Treatment Modalities

- Medical detoxification
- Medication management
- Group therapy
- Individual therapy
- Family sessions
- Education
- Medication education
- Process groups
- Psycho-education on mental illness
- Positive coping skills education
- Recreational therapy
- Substance abuse counseling
- Substance abuse education
- Reminiscent therapy (for our senior adult patients)
- Aftercare planning and coordination of care
- Expressive therapy





# Admissions Criteria - Insurance

*MeadowWood Behavioral Health System accepts most insurance, HMO, PPO and managed care plans.*

*In addition, our hospital accepts reimbursement from Medicare and Medical Assistance.*

No individual, meeting criteria for services, shall be denied admissions on the basis of race, sex, color, national origin, language, ancestry, religious creed, disability, age or sexual preference.

# How To Get Started

If you or a family member are in need of our care for a behavioral health concern or a substance abuse problem, please contact us today to see if we can assist in meeting your needs.

- **Call: 302-328-3330 or Contact Liaison**
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255) or **988**
- National Crisis Text Line: text HOME to 741741
- LGBT National Hotline 888-843-4564
- AARP Friendly Voices 1-888-281-0145



**MEADOWWOOD**  
BEHAVIORAL HEALTH SYSTEM

*Delaware SUD Provider  
Networking Meeting*

JOIN US



**JULY 15<sup>TH</sup> | 3:30 PM - 5 PM**

**MeadowWood Behavioral Health Hospital  
Partial Day Hospital Building  
621 South DuPont Highway, New Castle, DE**

*(location is not the main hospital campus)*

**RSVP [JULIE.SAVILLE@MEADOWWOODHOSPITAL.COM](mailto:JULIE.SAVILLE@MEADOWWOODHOSPITAL.COM)**



Child and adolescent inpatient programming:

- Magnolia Program, offering general behavioral health treatment
- Reflections Program, offering mood disorders treatment
- Lotus Program, offering chronic and complex trauma treatment
- Willow Program
  - Sprouts Program (ages 9-12)
  - Little Sprouts Program (ages 5-8)
- Specialized Treatment for Autism and Related (STAR) Disorders Program, offering treatment for children ages 9-13 who have autism and other neurodevelopmental disorders
- New Oaks Academy, an on-site private school

The Specialized Treatment for Autism and Related (STAR) Disorders Program will provide inpatient care for children ages 5-12 who have autism spectrum disorder and other neurodevelopmental disorders, such as intellectual developmental disorder.

Launching in late 2021, this innovative autism program will help children learn the real-life skills they need to fulfill their greatest potential.

To provide the most comprehensive care possible, our new autism program will also offer services that help families better support their child's individual needs.



**Tower Behavioral Health, located in Reading, Pennsylvania, is proud to offer the Resiliency program, which is a specialized inpatient program for individuals age 14 and older who are struggling with eating disorders. Through the use of evidence-based interventions and personalized treatment plans, we can help you begin on the path to lasting healing.**

Resiliency, Tower Behavioral Health's exclusive eating disorder inpatient program in Reading, Pennsylvania, offers comprehensive care for patients who are suffering from eating disorders such as:

- Anorexia nervosa
- Bulimia nervosa
- Binge-eating disorder
- Avoidant/restrictive food intake disorder (ARFID)
- Other specified feeding and eating disorders (OSFED)

Each patient in the Resiliency eating disorder program receives an individualized plan of care that we create based on the results of a thorough assessment they take part in before entering the program. This assessment helps our team identify the patient's needs, strengths, and treatment goals so that we can tailor every aspect of their care to meet them where they are on their recovery journey.

The average length of time patients spend in our eating disorder program is 14-28 days, but the actual length of time a person remains in our care can vary based on their needs and the progress they make while in treatment.



The Jason Foundation, Inc. is dedicated to the prevention of the “Silent Epidemic” of youth suicide through educational and awareness programs that equip young people, educators/youth workers and parents with the tools and resources to help identify and assist at-risk youth.





# JUDY SCHLOTT

610-914-5420

[judith.schlott@meadowwoodhospital.com](mailto:judith.schlott@meadowwoodhospital.com)

---

## Community Relations Liaison

SUSSEX COUNTY DELAWARE  
EASTERN SHORE MARYLAND

Collaborate with discharge planners, social workers, case managers, and providers, as well as provide education and resources. Seeking opportunity to partner to provide a healthier community!

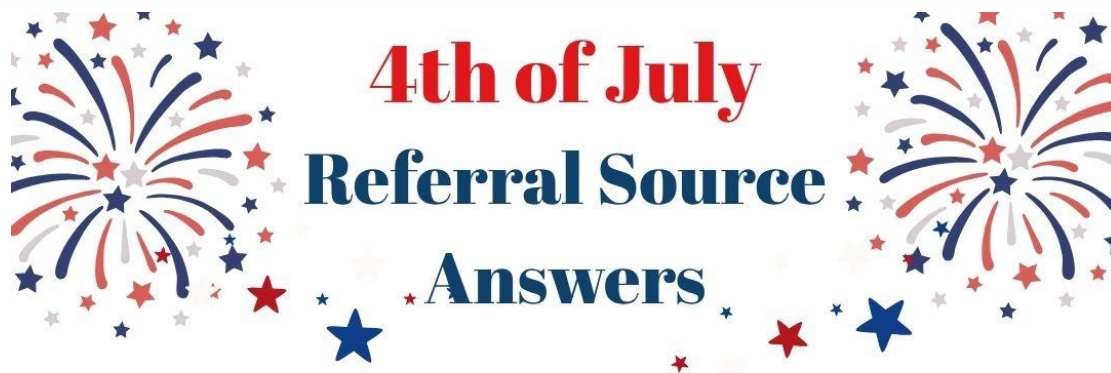
**MeadowWood Behavioral Health  
System**

575 S. DuPont Highway

New Castle, DE 19720

[www.MeadowWoodHospital.com](http://www.MeadowWoodHospital.com)





# 4th of July Referral Source Answers

1. True or False: Mental Health crisis admissions drop over the 4<sup>th</sup> of July holiday?

**FALSE** - crisis admissions often spike around holidays due to increased isolation, substance use and reduced o/p

2. What does “SPF” stand for in our summer screening campaign?

a) Sunscreen, Peace, Freedom b) **Screen, Prevent, Fast-track**

c) Support, Plan, Follow-up

**Early screening helps prevent escalation and supports direct admissions**

3. If a patient shows signs of a crisis and it's a holiday weekend, what is the best action?

a) Schedule outpatient therapy b) **Refer for evaluation ASAP**

c) Wait until July 5<sup>th</sup> d) Tell them to call 911

**we admit 24/7, even on holidays**

4. Which of the following can delay inpatient placement during a holiday?

a) Lack of direct admit options b) Unclear referral protocols

c) Outpatient providers being closed d) **all of the above**

**we solve for that with direct referral access and coverage year round**

5. **BONUS:** What is the direct line to make a referral?

**Answer:**



MeadowWood  
Behavioral Health Hospital

# THANK YOU

**MeadowWood Hospital**  
**575 South DuPont Highway**  
**New Castle, DE 19720**  
**Main Hospital: 302-328-3330**  
**Admission Fax: 302-504-4097**



**Erin Exelby**  
*Director of Business Development*  
302-545-3834

**Julie Saville**  
*Clinical Nurse Liaison*  
302-589-1040

**Judith Schlott**  
*Community Relations Liaison*  
610-914-5420

**Sarah Hartenberger**  
*Community Relations Liaison*  
215-941-4605

Disclaimer: MeadowWood Behavioral Health System does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, color, national origin, disability, or age in admission to, participation in, or receipt of the services and benefits under any of its program and activities. Convenient designed parking with Curb cuts and ramps specifically for disabled persons. All of its programs and activities are accessible to and useable by disabled persons, including persons who are deaf, hard of hearing, or blind, or who have other sensory impairments. And persons with limited English.





**MeadowWood**  
Behavioral Health Hospital

## **LEAVE US A REVIEW**



**We believe that your feedback is invaluable  
in helping us improve services and care for  
our community.**

**Your opinion matters to us, and we would  
greatly appreciate it if you could take a few  
moments to share your experience with us!**

**THANK YOU!**



**MeadowWood**  
Behavioral Health Hospital