

Coronavirus Disease 2019 (COVID-19)

MARCH 12, 2020

1 PM

Agenda

Welcome and Introductions

COVID-19 Situation Update

COVID-19 Disease Overview

COVID-19 Preparations in Kent County

Review of Guidance

Questions



SITUATION

Declarations

January 30, 2020 World Health Organization declared *Public Health Emergency of International Concern*"

January 31, 2020 U.S. Health and Human Services declared *Public Health Emergency*

March 5, 2020 Governor Hogan declared a *State of Emergency for Maryland*

March 11, 2020 World Health Organization declared COVID-19 *Pandemic*

Centers for Disease Control and Prevention (CDC) has been responding since first detected in China.

Centers for Disease Control & Prevention

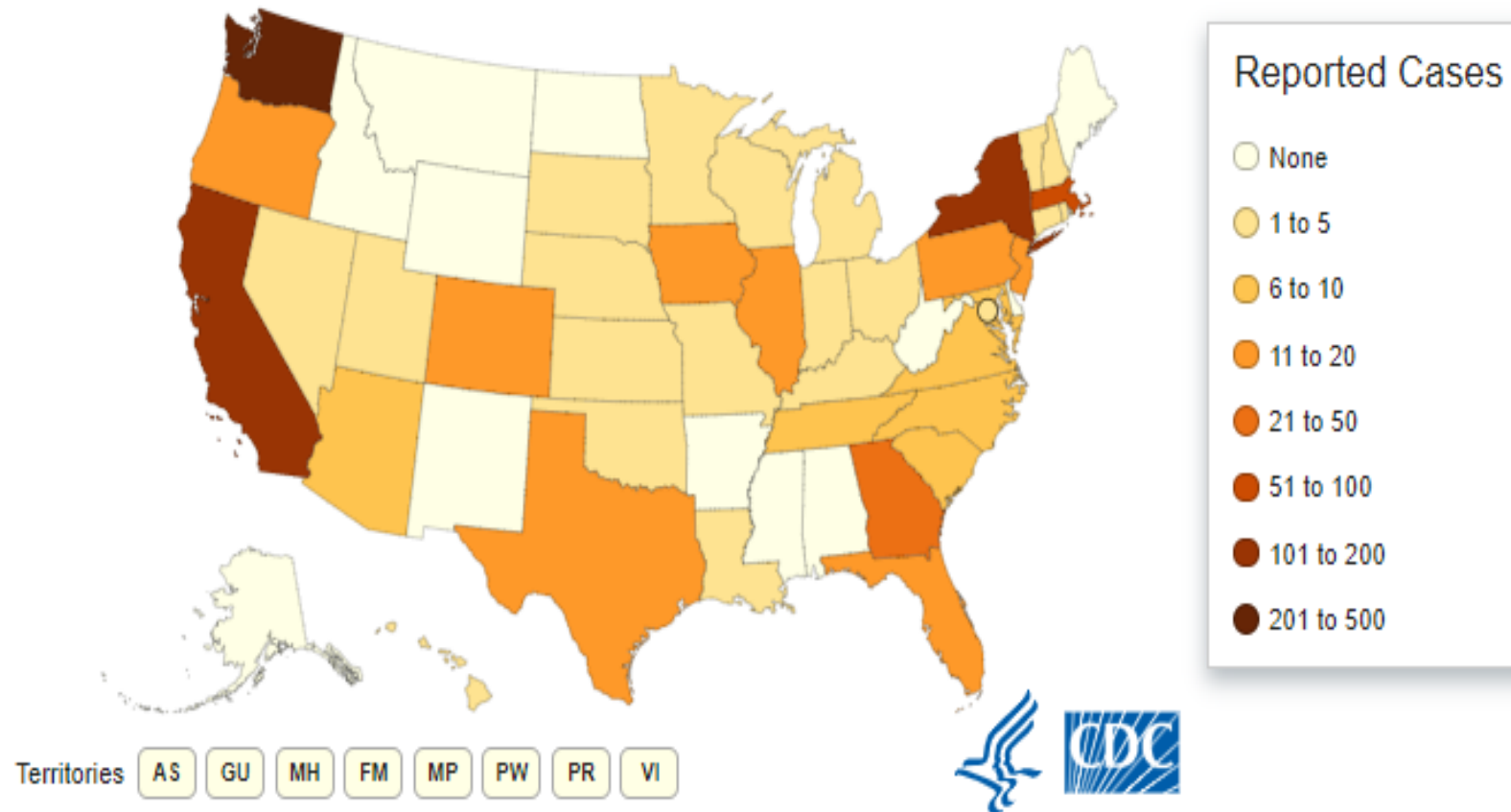
Confirmed Case Counts

Total cases: 1215

Total deaths: 36

Jurisdictions reporting cases: 43
(42 states and District of Columbia)

States Reporting Cases of COVID-19 to CDC*



Maryland Department of Health

Confirmed Case Counts

- ▶ Number of positive COVID-19 tests: 12
 - ▶ Montgomery County
 - ▶ Prince George's County
 - ▶ Hartford County
 - ▶ Baltimore County

What is COVID-19

- Coronavirus disease 2019 (COVID-19) is a respiratory disease that can spread person to person.
- The virus (SARS CoV-2) that causes COVID-19 was first identified in Wuhan, China in December 2019.

HOW COVID -19 Spreads

The virus is thought to spread mainly from person-to-person

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Spread from contact with infected surfaces or objects

- ▶ It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes,
- ▶ Not thought to be the main way the virus spreads.

Symptoms

Reported illnesses have ranged from **mild symptoms to severe illness** and death

Symptoms may appear **2-14 days after exposure to the virus** :

Older people and people with certain underlying health conditions like heart disease, lung disease and diabetes, seem to be at greater risk of serious illness.



Prevention & Treatment

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

There is no specific antiviral treatment recommended for COVID-19. People with COVID-19 should receive supportive care to help relieve symptoms.

Call Your Healthcare Professional

- If you develop symptoms, and
- Have been in close contact with a person known to have COVID-19 or
- If recently traveled from an area with widespread or ongoing community spread of COVID-19.

COVID-19 Testing

- March 3rd, 2020, Maryland Department of Health (MDH) Laboratory begin to perform testing. Approval to test obtained via local health department/MDH epidemiologist
- Commercial and hospital laboratories are beginning to test.

Preparations

Strategies

- ▶ **Containment:** The U.S. government has taken unprecedented steps with respect to **travel** in response to the growing public health threat posed by this new coronavirus. Closing the borders, quarantine
- ▶ **Community Mitigation:** Actions that persons and communities can take to help stop the spread of the respiratory virus infection.

Community Mitigation Goals

Slow the transmission of the disease to protect:

- Individuals at risk for severe illness
- Healthcare system and critical infrastructure workforce

Personal Mitigation Strategies

Take steps to protect yourself



Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



Avoid close contact

- **Avoid close contact** with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for [people who are at higher risk of getting very sick](#).

Personal Mitigation Strategies

- ▶ Know where to find local information on COVID-19 and local trends of COVID-19 cases.
- ▶ Stay home when you are sick
- ▶ Call your health care provider's office in advance of a visit
- ▶ Limit movement in the community
- ▶ Know what additional measures those at high risk and who are vulnerable should take.
- ▶ Create a household plan of action in case of illness in the household or disruption of daily activities due to COVID-19 in the community.
- ▶ 2-week supply of prescription and over the counter medications, food and other essentials.

Community Mitigation Strategies

- ▶ Social Distancing
- ▶ Telework
- ▶ School Closures
- ▶ Long Term Care Facilities – no visitation
- ▶ Detention Centers – no visitation
- ▶ Hospitals – limited visitation
- ▶ Canceling senior day programs
- ▶ Effective immediately, gatherings of more than 250 people, including social, community, spiritual, religious, recreational, leisure, and sporting gatherings, are prohibited at all locations and venues



FREE

for Maryland
Residents 65+

Senior Call Check

A daily call to check on
residents home alone.

CALL 1-866-50-CHECK

or Register Online
aging.maryland.gov





Welcome to
**Kent County, Maryland
Health Department**



Kent County Health Department

125 South Lynchburg Street
Chestertown, MD 21620
[Directions](#)



Hours: M-F 8:00am-4:30pm
Phone: 410-778-1350
Fax: 410-778-6119

Health Department Site Map

[Adult Evaluation & Review Service](#)
[Birth & Death Certificates](#)
[Breast & Cervical Cancer Screening](#)
[Children & Youth with Special Health Care Needs](#)
[Chronic Disease Prevention](#)
[Colorectal Cancer Screening](#)
[Communicable Diseases](#)
[Dental Health - Children](#)
[Emergency Preparedness](#)
[Environmental Health](#)
[Family Planning](#)
[Healthy Families](#)
[HIV / AIDS](#)
[Immunizations](#)
[Maryland Health Connection - Enrollment Assistance](#)
[Medical Adult Day Care](#)
[Medical Assistance Educational \(ACCU\)](#)
[Medical Assistance Personal Care](#)
[Medical Assistance Transportation](#)
[Skin Cancer Screening](#)

Kent County Behavioral Health

300 Scheeler Road
Chestertown, MD 21620
[Directions](#)



Hours: M-F 8am-5pm
Phone: 410-778-6404

Behavioral Health Site Map

Addictions

[AF Whitsitt - Inpatient Residential](#)
[Outpatient Addictions](#)
[Recovery in Motion \(RIM\)](#)
[Substance Abuse Prevention](#)
[Developmental Disabilities](#)

Mental Health

[Individual, couples & family therapy](#)
[Medication Management](#)
[Psychiatric evaluation](#)
[Psychological Testing](#)
[Child and adolescent mental health services](#)
[School Health](#)



**MARYLAND
RESPONDS**

Maryland's Medical and
Professional Volunteer Corps
[Become a volunteer today!](#)



**MARYLAND
Department of Health**

[County Health Ranking in the State](#)

HOT TOPICS



[Getting Your Household Ready for
Coronavirus Disease 2019
\(COVID-19\)](#)

[People Who Are At Serious Risk
of Illness from COVID-19](#)

[Getting Your Community & Faith-
based Organizations
Ready for Coronavirus Disease
2019 \(COVID-19\)](#)

[Getting Your Large Community
Gathering\(s\), Worship Services,
Festivals, Sporting Events
etc Ready for COVID-19](#)

[Getting Your Business Ready for
Coronavirus Disease 2019
\(COVID-19\)](#)

[Maryland Updates for
COVID-19](#)

[Flu Shot Registration Form](#)

[Flu vaccine is available for all ages
Monday-Friday, 9am - 3pm on a
Walk-in Basis](#)

[February is Children's Dental
Health Month
Prevent Tooth Decay](#)

[Before It's Too Late: Opioid
Prevention, Treatment, and
Recovery Resources](#)

From the White House Coronavirus Task Force



- Keeping workplaces, homes, schools, or commercial establishments safe  [4 pages]
- CDC's framework for mitigation  [10 pages]
- Mitigation Strategies for Santa Clara, CA  [6 Pages], Seattle, WA  [7 Pages] and New Rochelle, NY  [5 Pages]



Older People & People with Chronic Diseases at Higher Risk



Keeping schools, workplaces, and community locations safe

What You Should Know

[Older People & People with Chronic Diseases at Higher Risk](#)

[Steps to prevent illness](#)

[What to do when sick](#)

[Symptoms](#)

[Common questions](#)

[About COVID-19](#)



Situation Updates

[Situation summary](#)

[Cases in the U.S.](#)

[Global locations with COVID-19](#)

[Risk assessment](#)

[CDC in Action](#)

[Latest Updates](#)



Information For

[Communities, schools, and businesses](#)

[Healthcare professionals](#)



[Health departments](#)

[Travel](#)

[Laboratories](#)

[For Specific Audiences](#)



 [What the federal government is doing for COVID-19.](#) 



[Sign up for the newsletter](#) to receive weekly emails about the coronavirus disease 2019 (COVID-19) outbreak.

Preventing COVID-19 Spread in Communities

Protect yourself and your community from getting and spreading respiratory illnesses like coronavirus disease 2019. Everyone has a role to play in getting ready and staying healthy.



CDC is aggressively responding to the global outbreak of COVID-19 and community spread in the United States. CDC's "All of Community" approach is focused to slowing the transmission of COVID-19 and reducing illness and death, while minimizing social and economic impacts.

Actions for Protecting Communities from COVID-19

How to prepare and take action for COVID-19

At Home



Get my household ready

At K-12 Schools and Childcare Programs



Get my school and childcare program ready

At Colleges and Universities



Get my college or university ready

At Work



Get my workplace ready

Community- and Faith- Based Organizations



Community and faith leaders, get ready

Large Community Events/Mass Gatherings



Event planners, get ready

Healthcare settings



Healthcare professionals, get ready

First Responders



First responders, get ready

Homeless Shelters



Shelter administrators, get ready

Resources

- ▶ Kent County Health Department: <http://kenthd.org/>
- ▶ Kent County Health Department Facebook
- ▶ Kent County Office of Emergency Services Facebook
- ▶ Maryland Department of Health:
<https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx>
- ▶ Centers for Disease Control and Prevention:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- ▶ Dial 211 (24/7) for general information, community resources, and referrals

Kent County Health Department Contacts

Kent County Health Department phone number
410-778-1350

Calls will be triaged to the appropriate staff member

Review of Guidance