

Coronavirus Disease 2019 (COVID-19)

MARCH 12, 2020

1 PM

Agenda

Welcome and Introductions

COVID-19 Situation Update

COVID-19 Disease Overview

COVID-19 Preparations in Kent County

Review of Guidance

Questions

SITUATION

Declarations

January 30, 2020 World Health Organization declared *Public Health Emergency of International Concern*"

January 31, 2020 U.S. Health and Human Services declared *Public Health Emergency*

March 5, 2020 Governor Hogan declared a *State of Emergency for Maryland*

March 11, 2020 World Health Organization declared COVID-19 *Pandemic*

Centers for Disease Control and Prevention (CDC) has been responding since first detected in China.

Centers for Disease Control & Prevention

Confirmed Case Counts

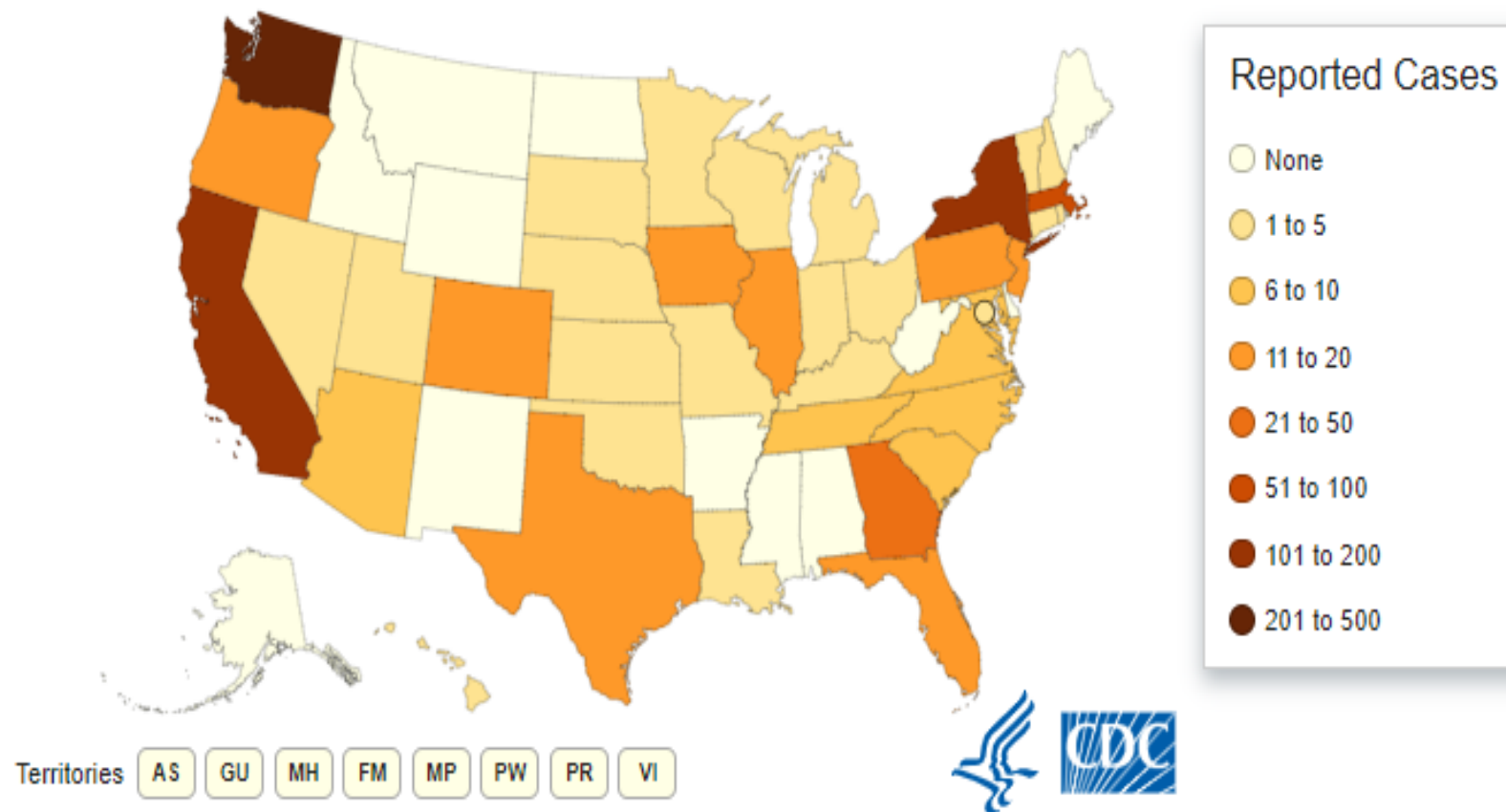
Total cases: 1215

Total deaths: 36

Jurisdictions reporting cases:43

(42 states and District of Columbia)

States Reporting Cases of COVID-19 to CDC*



Maryland Department of Health

Confirmed Case Counts

- ▶ Number of positive COVID-19 tests: 12
 - ▶ Montgomery County
 - ▶ Prince George's County
 - ▶ Hartford County
 - ▶ Baltimore County

What is COVID-19

- Coronavirus disease 2019 (COVID-19) is a respiratory disease that can spread person to person.
- The virus (SARS CoV-2) that causes COVID-19 was first identified in Wuhan, China in December 2019.

HOW COVID -19 Spreads

The virus is thought to spread mainly from person-to-person

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Spread from contact with infected surfaces or objects

- ▶ It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes,
- ▶ Not thought to be the main way the virus spreads.

Symptoms

Reported illnesses have ranged from **mild symptoms to severe illness** and death

Symptoms may appear **2-14 days after exposure to the virus** :

Older people and people with certain underlying health conditions like heart disease, lung disease and diabetes, seem to be at greater risk of serious illness.



Prevention & Treatment

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.

There is no specific antiviral treatment recommended for COVID-19. People with COVID-19 should receive supportive care to help relieve symptoms.

Call Your Healthcare Professional

- If you develop symptoms, and
- Have been in close contact with a person known to have COVID-19 or
- If recently traveled from an area with widespread or ongoing community spread of COVID-19.

COVID-19 Testing

- March 3rd, 2020, Maryland Department of Health (MDH) Laboratory begin to perform testing. Approval to test obtained via local health department/MDH epidemiologist
- Commercial and hospital laboratories are beginning to test.

Preparations

Strategies

- ▶ **Containment:** The U.S. government has taken unprecedented steps with respect to **travel** in response to the growing public health threat posed by this new coronavirus. Closing the borders, quarantine
- ▶ **Community Mitigation:** Actions that persons and communities can take to help stop the spread of the respiratory virus infection.

Community Mitigation Goals

Slow the transmission of the disease to protect:

- Individuals at risk for severe illness
- Healthcare system and critical infrastructure workforce

Personal Mitigation Strategies

Take steps to protect yourself



Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



Avoid close contact

- **Avoid close contact** with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for [people who are at higher risk of getting very sick](#).

Personal Mitigation Strategies

- ▶ Know where to find local information on COVID-19 and local trends of COVID-19 cases.
- ▶ Stay home when you are sick
- ▶ Call your health care provider's office in advance of a visit
- ▶ Limit movement in the community
- ▶ Know what additional measures those at high risk and who are vulnerable should take.
- ▶ Create a household plan of action in case of illness in the household or disruption of daily activities due to COVID-19 in the community.
- ▶ 2-week supply of prescription and over the counter medications, food and other essentials.

Community Mitigation Strategies

- ▶ Social Distancing
- ▶ Telework
- ▶ School Closures
- ▶ Long Term Care Facilities – no visitation
- ▶ Detention Centers – no visitation
- ▶ Hospitals – limited visitation
- ▶ Canceling senior day programs
- ▶ Effective immediately, gatherings of more than 250 people, including social, community, spiritual, religious, recreational, leisure, and sporting gatherings, are prohibited at all locations and venues



Maryland
DEPARTMENT OF AGING

Senior Call Check

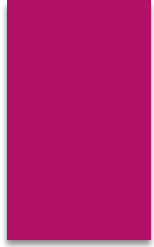
A daily call to check on
residents home alone.

CALL 1-866-50-CHECK

or Register Online
aging.maryland.gov

FREE

for Maryland
Residents 65+





Welcome to
**Kent County, Maryland
Health Department**



Kent County Health Department

125 South Lynchburg Street
Chestertown, MD 21620
[Directions](#)



Hours: M-F 8:00am-4:30pm
Phone: 410-778-1350
Fax: 410-778-6119

Health Department Site Map

- [Adult Evaluation & Review Service](#)
- [Birth & Death Certificates](#)
- [Breast & Cervical Cancer Screening](#)
- [Children & Youth with Special Health Care Needs](#)
- [Chronic Disease Prevention](#)
- [Colorectal Cancer Screening](#)
- [Communicable Diseases](#)
- [Dental Health – Children](#)
- [Emergency Preparedness](#)
- [Environmental Health](#)
- [Family Planning](#)
- [Healthy Families](#)
- [HIV / AIDS](#)
- [Immunizations](#)
- [Maryland Health Connection – Enrollment Assistance](#)
- [Medical Adult Day Care](#)
- [Medical Assistance Educational \(ACCU\)](#)
- [Medical Assistance Personal Care](#)
- [Medical Assistance Transportation](#)
- [Skin Cancer Screening](#)

Kent County Behavioral Health

300 Scheeler Road
Chestertown, MD 21620
[Directions](#)



Hours: M-F 8am-5pm
Phone: 410-778-6404

Behavioral Health Site Map

- Addictions**
 - [AF Whitliff – Inpatient Residential](#)
 - [Outpatient Addictions](#)
 - [Recovery in Motion \(RIM\)](#)
 - [Substance Abuse Prevention](#)
- [Developmental Disabilities](#)
- Mental Health**
 - [Individual, couples & family therapy](#)
 - [Medication Management](#)
 - [Psychiatric evaluation](#)
 - [Psychological Testing](#)
 - [Child and adolescent mental health services](#)
- [School Health](#)



**MARYLAND
RESPONDS**

Maryland's Medical and
Professional Volunteer Corps
Become a volunteer today!



MARYLAND
Department of Health

[County Health Ranking in the State](#)

HOT TOPICS



[Getting Your Household Ready for
Coronavirus Disease 2019
\(COVID-19\)](#)

[People Who Are At Serious Risk
of Illness from COVID-19](#)

[Getting Your Community & Faith-
based Organizations
Ready for Coronavirus Disease
2019 \(COVID-19\)](#)

[Getting Your Large Community
Gathering\(s\), Worship Services,
Festivals, Sporting Events
etc. Ready for COVID-19](#)

[Getting Your Business Ready for
Coronavirus Disease 2019
\(COVID-19\)](#)

[Maryland Updates for
COVID-19](#)

[Flu Shot Registration Form](#)

[Flu vaccine is available for all ages
Monday-Friday, 9am – 3pm on a
Walk-in Basis](#)

[February is Children's Dental
Health Month
Prevent Tooth Decay](#)

[Before it's Too Late: Opioid
Prevention, Treatment, and
Recovery Resources](#)

From the White House Coronavirus Task Force



- Keeping workplaces, homes, schools, or commercial establishments safe  [4 pages]
- CDC's framework for mitigation  [10 pages]
- Mitigation Strategies for Santa Clara, CA  [6 Pages], Seattle, WA  [7 Pages] and New Rochelle, NY  [5 Pages]



Older People & People with Chronic Diseases at Higher Risk



Keeping schools, workplaces, and community locations safe

What You Should Know

[Older People & People with Chronic Diseases at Higher Risk](#)

[Steps to prevent illness](#)

[What to do when sick](#)

[Symptoms](#)

[Common questions](#)

[About COVID-19](#)



Situation Updates

[Situation summary](#)

[Cases in the U.S.](#)

[Global locations with COVID-19](#)

[Risk assessment](#)

[CDC in Action](#)

[Latest Updates](#)



Information For

[Communities, schools, and businesses](#)

[Healthcare professionals](#)



[Health departments](#)

[Travel](#)

[Laboratories](#)

[For Specific Audiences](#)



 [What the federal government is doing for COVID-19.](#) 



[Sign up for the newsletter](#) to receive weekly emails about the coronavirus disease 2019 (COVID-19) outbreak.

Preventing COVID-19 Spread in Communities

Protect yourself and your community from getting and spreading respiratory illnesses like coronavirus disease 2019. Everyone has a role to play in getting ready and staying healthy.



CDC is aggressively responding to the global outbreak of COVID-19 and community spread in the United States. CDC's "All of Community" approach is focused to slowing the transmission of COVID-19 and reducing illness and death, while minimizing social and economic impacts.

Actions for Protecting Communities from COVID-19

How to prepare and take action for COVID-19

<h3>At Home</h3>  <p>Get my household ready</p>	<h3>At K-12 Schools and Childcare Programs</h3>  <p>Get my school and childcare program ready</p>	<h3>At Colleges and Universities</h3>  <p>Get my college or university ready</p>
<h3>At Work</h3>  <p>Get my workplace ready</p>	<h3>Community- and Faith-Based Organizations</h3>  <p>Community and faith leaders, get ready</p>	<h3>Large Community Events/Mass Gatherings</h3>  <p>Event planners, get ready</p>
<h3>Healthcare settings</h3>  <p>Healthcare professionals, get ready</p>	<h3>First Responders</h3>  <p>First responders, get ready</p>	<h3>Homeless Shelters</h3>  <p>Shelter administrators, get ready</p>

Resources

- ▶ Kent County Health Department: <http://kenthd.org/>
- ▶ Kent County Health Department Facebook
- ▶ Kent County Office of Emergency Services Facebook
- ▶ Maryland Department of Health:
<https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx>
- ▶ Centers for Disease Control and Prevention:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- ▶ Dial 211 (24/7) for general information, community resources, and referrals

Kent County Health Department Contacts

Kent County Health Department phone number
410-778-1350

Calls will be triaged to the appropriate staff member

Review of Guidance